

### 1. Introduction

Thank you for your purchase! We appreciate your support.

This document will provide generalised installation steps for InSinct lift strap kits.

### 2. Kit contents

Your kit includes the following items.

- 1 x front lift strap with fork mounts
- 4 x heavy duty zip ties for the front lift strap
- 1 x rear lift strap
- 1 x mounting fastener kit for rear strap (fasteners will vary depending on the kit, some kits have no fasteners as you can reuse the fasteners on the bike)

### 3. Installation Instructions

#### 3.1. Front Strap

To install the front strap, simply place the half circle shapes of the strap onto the front forks, below the bottom triple clamp. Using the 4 x heavy duty zip ties provided, secure the strap into place. Trim the excess zip tie using side cutters or scissors.



#### 3.2. Rear Strap

To install the rear strap, remove either the two bolts at the rear which hold the rear mudguard to the subframe or the two bolts which hold the seat on (it depends on your bikes make and model). Position the strap as per the photos below, and using the new fasteners provided secure the strap into place.

Note, some kits come with multiple sized spacers and fasteners to account for changes in year models. Select the fastener which was most similar to the one removed, and select the spacer based on the geometry where the spacer will mount.

2004-2016 Below



2017-2019 & 2020-2023 Below



Please email any questions to [stan@insinct.com.au](mailto:stan@insinct.com.au)

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